

# THE HITCHING POST EDUCATIONAL CENTER

DEDICATED TO IMPROVING THE LIVES OF THOSE WITH DISABILITIES WHILE  
INCREASING COMMUNITY AWARENESS AND SUPPORT FOR THIS VITAL COMMUNITY.



## Programs and Classes

### PRE-EMPLOYMENT TRAINING/ JOB COACHING

This course combines Direct Instruction with practical hands-on application.

Working in Partnership with Hickory Trading Company, our students are able to practice what they have learned in the classroom with specially trained staff in our retail gift shop.

Our students learn the skills required and the confidence needed to engage in meaningful work in their community.

### Life Skills/ Day Support

Our Life Skills Program combines Direct Instruction with practical hands-on experiences to build skills needed for independent living. Students develop a mock budget to manage throughout the course to simulate real-world situations. Community Trips to grocery stores, restaurants, weekly laundry mats and other public facilities give students the skills and confidence needed to interact effectively with their community. Weekly activities and events are scheduled for some fun and social skill engagement.

### Social Engagement

**TNT: Tabletops N Tweens** is for students between the ages of 10-13. Each Tuesday night from 6:00-7:00, students engage with peers by playing a variety of board games throughout the coffee shop of Hickory Trading Company (our partner company). Pizza, drinks and popcorn are available.

**Tabletop Thursday** is game night for teens and adults. Every Thursday night from 7:00-8:30, teens and adults gather together at Hickory Trading Company to play board games throughout the coffee shop. Games of all types and ability levels are utilized to engage participants in social interaction and fun! Pizza, Popcorn and Drinks are available.

**Tree House Gatherings** are monthly events held at our Tree House location. Ping Pong, Fuse Ball, Air Hockey, Board Games, Outdoor challenges and food in the Tree House. It's a full day of fun designed to build relationships.

### American Sign Language

Our 8 week Beginner's course teaches the fundamentals of American Sign Language. Classes held on Monday nights from 6:30-8:30 beginning February 18th.

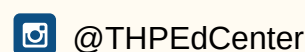
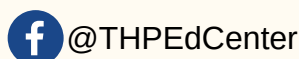
### Business School

Our Summer program will provide training and hands on application of basic entrepreneurial skills including management and leadership, product management, finance, marketing, sales and supply chain operations. Participants will be mentored to develop a level of working knowledge and skills to perform their specific functional role while working with the team to start and manage their own business.

### Advocacy and Parent Training Workshops

Our Summer program will provide training and hands on application of basic entrepreneurial skills including management and leadership, product management, finance, marketing, sales and supply chain operations. Participants will be mentored to develop a level of working knowledge and skills to perform their specific functional role while working with the team to start and manage their own business.

**To learn more about these programs and more, contact us today!**



757-606-0756

patti@hickorytrading.org

www.hitchingpost.org

357 Johnstown Rd., Unit D, Chesapeake, VA 23322